



GOOD N'EWWE'S

January

2015

"May you rejoice in his blessings...."



*May you rejoice in his love and blessings
Throughout the year!*

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Church of the Good Shepherd



The Church of the Good Shepherd



www.cgsnashua.org

603-882-5352

The *GOOD NEWS* is a publication of The Church of the Good Shepherd (Episcopal). For information about this newsletter or any of the events listed herein, please contact the church office during our office hours (**M 9:00 - 2:00, T 11:00 - 4:00, W 9:00 - 4:00, Th 12:00 - 4:00, F 9:00-1:00**), or email **Andria Sousa** (asousa@cgsnashua.org), or visit us at www.cgsnashua.org.

Staff Members

Head of the Church

Ministers

Rector

Assistant Rector

Organist & Choir Director

Assistant Choir Director

Bellringers Director

Communications

Parish Administrator

Sunday School Coordinator

Youth Ministry

Vergers

Jesus Christ

All Baptized Persons

The Rev. Dr. Robert W. Odierna

The Rev. Alanna M. Van Antwerpen

Brett Greene

Sue Reilly

Chaim Burstein

Andria Sousa

Laurie Ascani

Mary O'Reilly

Marcie Byrd

John Townsend, Harvey Shaw

VESTRY LEADERSHIP

Tim Favorite (Sr. Warden)

Elizabeth Jutras (Treasurer)

Jill Rosier (Jr. Warden)

Chris Chadbourne (Clerk)

Doug Thornberg

Don Fluckinger

Becky Lentz

Dan LeGallo

John Lewis

Trudy Yelton

Ann Spinney

Jeff Fellows

Sandy Desharnais

Jeff Cooley

Kathy Olson

Mary Schroeder

Sem. Intern to Diaconate

COMMITTEE

Executive Committee, Nominating Committee

Executive Committee, Finance Committee

Executive Committee, Harless Scholarship

Executive Committee, Minutes

Christian Education, Youth Education

Fellowship Committee

Fellowship Committee

Christian Education

Property Committee, Green Committee

Stewardship Committee

Web Committee, Communication Committee

Outreach Committee, Community Action

Lay Visitors, Crisis Committee, Endowment

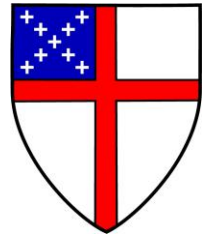
Fundraising Committee

Diocesan Convocation

Finance Committee, Stewardship Committee

Pam McDonald

CLERGY CORNER



Dear Friends in Christ,

For me Lent seems to have come early this year. Last week, anticipating New Year's Day in the midst of the Christmas season, I received the following meditation from my daily email subscription to The Henri Nouwen Society. Henri Nouwen was a Dutch-born Catholic priest, writer and scholar. Perhaps most notably, he served as a minister to the mentally and physically disabled in the L'Arche community in Canada.

As we begin a New Year, I commend his words to you. There are many resolutions we make as the calendar turns, may our commitment to letting go of old hurts be one of them. May God's grace, strength and courage be ours as we commit ourselves becoming a new creation in Christ's name this coming year.

Faithfully,
Pastor Alanna

“Letting Go of Old Hurts: One of the hardest things in life is to let go of old hurts. We often say, or at least think: "What you did to me and my family, my ancestors, or my friends I cannot forget or forgive. ... One day you will have to pay for it." Sometimes our memories are decades, even centuries, old and keep asking for revenge.

Holding people's faults against them often creates an impenetrable wall. But listen to Paul: "For anyone who is in Christ, there is a new creation: the old order is gone and a new being is there to see. It is all God's work" (2 Corinthians 5:17-18). Indeed, we cannot let go of old hurts, but God can. Paul says: "God was in Christ reconciling the world to himself, not holding anyone's fault against them" (2 Corinthians 5:19). It is God's work, but we are God's ministers, because the God who reconciled the world to God entrusted to us "the message of reconciliation" (2 Corinthians 5:19). This message calls us to let go of old hurts in the Name of God. It is the message our world most needs to hear.”¹

¹ Text excerpts taken from [Bread for the Journey](#), by Henri J.M. Nouwen, ©1997 HarperSanFrancisco. All Scripture from *The Jerusalem Bible* ©1966, 1967, and 1968 Darton, Longman & Todd and Doubleday & Co. Inc.

CGS Sponsors **ARUBA**

Booking now for the winters of 2015 and 2016

Thanks to the generosity of the Winn family CGS now owns timeshare at the Occidental Aruba Resort. This 5 star Resort is both on the RCI and Diamond Club Timeshare lists. CGS has up to **four (4) floating weeks available** to be sold in 2015 and 2016. All proceeds benefit CGS programs and ministries.

2015: All-Inclusive only available

January 10th – 16th

January 24th – 30th

Any week Saturday – Saturday in February or March

Cost: \$1,500.00 payable to CGS ((\$4,000.00 value). All inclusive fee is \$166.00 per person per day. Non-refundable deposit of \$300 due to CGS to book your week. Remainder paid prior to departure.

2016: Any week January through March.

Must be reserved exactly one year in advance, so you must reserve with CGS at least one week ahead of the year in advance date. You also have the **option** of making this an All-Inclusive vacation or making the vacation Non-all-inclusive, therefore paying for food, sports and food on your own. Choosing your option of all-inclusive or not must be made at the time reservation is made.

Cost: \$1,500.00 payable to CGS ((\$4,000.00 value). Non-refundable deposit of \$300 due to CGS to book your week. Remainder paid prior to departure.

The Resort:

Stay in a One Bedroom unit (sleeps up to 4), with kitchen, at The Occidental Aruba Resort, located in the Palm Beach area (one of the better beach areas in Aruba).

Amenities include 5 restaurants, 4 bars and 1 disco/bar; swimming pool with 2 Jacuzzis.

Program of sports and leisure activities: 2 floodlit tennis courts, beach volleyball, aqua aerobics, diving demonstration lessons, snorkeling equipment available, among others. Shows and nightly entertainment.

Kids Club with a program of supervised activities (ages 4-12).

Visit www.occidentalhotels.com/grand-Aruba.

Contact Pastor Odie or Laurie Ascani, Administrator, 882-5352 to book your vacation!

ANNUAL MEETING

SUNDAY, JANUARY 18, 2015 AT 12:15 PM

AGENDA

1) Free Lunch will be served at 12:15. Meeting starts at 12:30

2) Election of various parish officers

Sr. Warden (Two years – elect 1) – Tim Favorite

Treasurer (Two years – elect 1) – Chris Chadbourne

Clerk (One year – elect 1) – Becky Lentz

Vestry (Three years – elect 4; Two years - elect 1) –

Howard Titus, Sandy Joshi, Dana Snowden, Bob Macaraeg; Susan Nutting

Interfaith Council (One year – elect 2) – John Rowntree

Diocesan Delegates (Three Years – elect 1 delegate & 2 alternate) - John Townsend

3) Presentation of 2014 budget performance

4) Presentation and vote on 2015 budget (See enclosed budget below)

5) Various other Reports

6) Senior Warden's Report

7) Rector's Report

Please note that you can find the Budget info by going to the special link AFTER January 7th under Parish News for “Newsletter Budget Info” on our parish website www.cgsnashua.org

CGS - PROPOSED 2015 BUDGET

INCOME	BUDGET 2014	Vestry Budget 2015
1A Pledges	\$ 399,846.00	\$ 392,998.00
1B Undesignated Pledges	\$ 18,600.00	\$ 19,860.00
1C Non-Pledge Givers	\$ 30,690.00	\$ 30,162.00
2-SPECIAL COMMITMENT (Lent, Easter, Christmas)	\$ 20,000.00	\$ 24,000.00
3-LOOSE OFFERING	\$ 11,000.00	\$ 10,000.00
4-SPECIAL CONTRIBUTIONS (Baptisms, Weddings, Funerals, Counsel, etc.)	\$ 14,000.00	\$ 14,000.00
5-ENDOWMENT	\$ 25,000.00	\$ 39,000.00
6-BUILDING USE	\$ 14,000.00	\$ 14,000.00
7-FUNDRAISERS	\$ 35,000.00	\$ 35,000.00
8-GIFTS & BEQUESTS	\$ 9,000.00	\$ 9,000.00
9-DESIGNATED GIFTS	\$ -	\$ -
<u>TOTAL INCOME</u>	\$ 577,136.00	\$ 588,020.00

EXPENSES

A-CLERGY SALARIES

1-Rector	\$ 106,954.00	\$ 109,093.00
2-Assist. Rector	\$ 56,000.00	\$ 58,000.00
Total Clergy Salaries	\$ 162,954.00	\$ 167,093.00

B-CHURCH OVERHEAD

1-Staff Social Security	\$ 20,233.56	\$ 20,489.00
2-Clergy Pensions	\$ 31,575.60	\$ 32,378.00
3-Staff Pensions	\$ 8,614.52	\$ 8,735.00
4-WC & Health Ins.	\$ 18,915.32	\$ 25,104.00
5-Supply Clergy	\$ 1,800.00	\$ 1,800.00
TOTAL CHURCH OVERHEAD	\$ 81,139.00	\$ 88,506.00

C-OFFICE OVERHEAD

1-Telephone & Answering Service	\$ 2,700.00	\$ 2,700.00
2-Postage	\$ 2,500.00	\$ 2,300.00
3-Paper Products	\$ 600.00	\$ 750.00
4-Misc Office Expenses	\$ 7,000.00	\$ 7,000.00
5-Parish Administrator (pt-25hours/wk)	\$ 23,142.00	\$ 23,905.00
6-Communications Secretary (pt 20 hrs/wk)	\$ 15,122.00	\$ 15,624.00
Total Office Overhead	\$ 51,064.00	\$ 52,279.00

D-DIOCESAN ASSESSMENT	\$ 94,776.00	\$ 95,600.00
E-COMMUNITY ACTION		
1-The Front Door	\$ 35,000.00	\$ 35,000.00
2-Seminaries	\$ 2,000.00	\$ 1,500.00
3-Other Organizations	\$ 18,899.00	\$ 11,000.00
TOTAL COMMUNITY ACTION	\$ 55,899.00	\$ 47,500.00
F-WORSHIP		
1-Music Program	\$ 3,000.00	\$ 2,000.00
2-Bellringer Program	\$ 300.00	\$ 300.00
3-Music Director	\$ 35,000.00	\$ 40,440.00
4-Bellringer Director salary (pt 120 hrs)	\$ 2,730.00	\$ 3,620.00
5-Altar Flowers	\$ 900.00	\$ 800.00
6-Candles, Bread & Wine	\$ 1,100.00	\$ 1,000.00
TOTAL WORSHIP	\$ 43,030.00	\$ 48,160.00
G.- BUILDINGS AND GROUNDS		
1-Property Maintenance	\$ 13,000.00	\$ 10,000.00
2-Utilities	\$ 26,000.00	\$ 28,420.00
3-Insurance	\$ 8,300.00	\$ 8,300.00
4-Sextons	\$ 14,780.00	\$ 14,820.00
TOTAL BLDG. & GROUNDS	\$ 62,080.00	\$ 61,540.00
H-CHRISTIAN EDUCATION		
1-Adult	\$ 1,000.00	\$ 1,000.00
2-Children	\$ 3,000.00	\$ 3,600.00
3-Youth	\$ 3,000.00	\$ 3,000.00
4-Youth Director (1/4 time)	\$ 11,959.00	\$ 12,354.00
5-Sunday School Coordinator (pt- 300 hours)	\$ 4,635.00	\$ 4,788.00
TOTAL CHRISTIAN EDUCATION	\$ 23,594.00	\$ 24,742.00
I-OTHER PROGRAMS & ORGANIZATIONS		
1-Fellowship & Special Events	\$ 1,100.00	\$ 1,100.00
2-Stewardship	\$ 1,500.00	\$ 1,500.00
TOTAL OTHER PROG. & ORG.	\$ 2,600.00	\$ 2,600.00
<u>TOTAL EXPENDITURES</u>	\$ 577,136.00	588,020.00
DIFFERENCE	0.00	0.00

SUNDAY FORUM JANUARY

- 1/4 Meet the Candidates for Vestry
- 1/11 Who's in charge here anyway? A Look at Children and Youth Programs at CGS.
- 1/18 What's the Children's Behavioral Health Collaborative all about?
- 1/25 Special Ted-Talk presented by Brene Brown

The topics for the remainder of the year will be published in the February Newsletter.

[CGS Women's Sunday Brunch](#)

Open to all women of the parish - Sunday, February 8, 2015, 12 noon at The Yard Restaurant, 1211 So. Mammoth Rd., Manchester NH www.theyardrestaurant.com. Cost: \$25 includes full buffet, coffee, tea, tax and gratuity (other beverages can be purchased at the buffet). For more info contact Jan Lambert (jmimil@aol.com). Reservations and checks should be made out to CGS Women and may be sent to Sandy Descharnais, 36 White Plains Dr., Nashua NH 03062 by February 3. Want to car pool? Let Frances (fewrodier@aol.com) know and we will meet in Santander Bank parking lot at 11:15 am. We will cancel by February 5 if the forecast indicates bad weather.

[Altar Guild](#)

The winter meeting & continental breakfast will be held Saturday, Feb. 7, 9am in the Parish Lounge. Snow date is Feb. 14. Open to all parishioners - men and women. Some set up for services on Sundays, weddings and funerals. Some members take care of the linens or vestments, while others do the floral displays for Thanksgiving, Christmas and Easter. For more information contact Carole Sawdon carole.sawdon@gmail.com , Beth Barker mary.barker@us.af.mil or Mary Nash mnash517@yahoo.com .





** A big thank you to all of the guilds, choirs, musicians, individuals, families, youth and staff for making our Advent and Christmas activities and celebrations fun, beautiful and meaningful! It takes a village to make the worship of our Lord great!

** The Front Door's Adopt-A-Family Christmas program provided Christmas to over 475 needy families, including over 1,150 children. CGS parishioners provided presents for almost 75 of those children. Great job and thank you!

** Pastor Odie, and Pastor Alanna and the staff extend their heartfelt thanks to the many people who sent cards, notes and gifts! Your thoughtfulness, prayers and continued support are most appreciated!

** A great big thank you to the following CGS volunteers for making the deliveries of food and other items to the Norwell Home during 2014: Amy Cooley, Shelby Balukonis, Dawne Sosa, Ann Tardiff, Rich Gelinis, Christine Schlupf, Marilyn Kantargis, Betty & Howard Gollihue, Katie Fellows, Kersten Matera, Marcia Beckett, Ann Breeden, Mary Mizara, Joanne St.John, and Ray & Sheila Whalen. If you would be interested in joining this group for 2015, please call Mary Nash at 883-8065 or email mnash517@yahoo.com.

[Thank you from the Front Door Agency](#)

On behalf of the Board of Directors, staff and the some 1,700 parents and children who experienced a wonderful Christmas morning, I would like to thank you for participating in the Santa Fund/Adopt-a-Family Christmas Program.

I also would like to invite you to visit our website at www.frontdooragency.org to learn more about the services we offer throughout the year, and how we provide the path to self-sufficiency to so many people facing crisis. Also, please like us on Facebook and follow us on Twitter.

Yours Truly, Maryse Wirbal CEO

Editor's Note: CGS parishioners adopted 75 children this year. Thank you to all those who participated in this meaningful program for those less fortunate.

Children & Family Faith Formation



Godly Play: Building Relationships with God and Each Other

Huge thanks to all of our Sunday School teachers, substitute teachers, parents and children for making the fall semester such a success! The 5th Grader “Riser’s Group” had an energizing semester working on projects and lessons with their teachers. And 4th Graders especially enjoyed the new lessons in Godly Play including the Books for the Bible as well as the Mystery of Christmas. While our three year olds through third graders focused on engaging new activities to complement their lesson plans.

The semester culminated with **the kids singing at the December Children’s Eucharist** under the direction of our new Organist & Choir Director Brett Greene as we prepared for Jesus’ Birthday. We continue to accept registration for new students with needing more teachers so if you are interested in volunteering to assist contact Pastor Alanna or Mary O’Reilly.

Our second semester line up for Sunday School includes incorporating new, innovative material into the curriculum, inviting the children to create special projects to share with congregation as well as more ‘at home helps’ for children and families during Lent which begins with Ash Wednesday on February 18th.

Children’s Eucharist—January 18th at 9:45 a.m. If your child is interested in being a reader, gift bearer or usher for worship, please contact Pastor Alanna or Mary O’Reilly.

Sunday School Teacher’s Meeting – January 11th we will hold our next Sunday School Teacher’s meeting to check in with each other about news and activities for the second semester.

Sunday School



Youth Weekend Retreat – Our youth will be going on their weekend retreat this year is from Friday, January 23rd – Sunday, January 25th. This is a two night teen camp (ages 13-18) made up of Inspirational Speakers, Ice Skating, Tubing, Snowmobile Rides, Music, Game Room and more. The cost is \$139 for the entire weekend. If you are interested in more details, please contact Marcie Byrd at mbyrd@cgsnashua.org.

Youth Dance – This year our youth will be having their youth dance on Saturday, February 14th. We will be creating decorations for the dance on Sunday, Feb 1st and Sunday, Feb 8th from 11am-2pm. All Rite 13, J2A, and YAC youth welcome to join in.

Youth Mission Trip Update –In case you hadn't heard, this year our youth are going to Spencer, NY for a week in July for their mission trip. The group is working on a Hawaiian themed mystery dinner set for April 19th. Please mark your calendars for this fun filled evening! As always, thank you for your generous support of our teenagers.

*******SAVE THE DATE!*******

Prayer Shawl Ministry

The group resumes on Monday, January 5 at 6:30 in the CGS lounge.

BellRingers: Looking for New Members

The Bellringers meet on Monday evenings from 6:45 pm – 7:45 pm. They are looking for youth between 6th – 11th grade to round out their group. If anyone is interested contact Chaim Burstein at bursteinc@gmail.com

Church parking

The spots directly in front of church marked with red no parking bags are for handicap use only. Kindly don't park there unless you need to.

CGS Scrip Cash Value Cards

Scrip cards are the perfect solution for all your shopping as CGS receives 5% of every purchase you make. Order at coffee hour or through the church office. Info & order forms are also available on the CGS website under "Parish News". Once there you can print out order forms, or just email Laurie at LAscani@cgsnashua.org with your order. For your

convenience you can now pay CGS for your Scrip order with MasterCard or Visa. By shopping with scrips, CGS benefits too! CGS now offers Whole Foods Scrip cards for \$25 and \$100. There has also been a variety of other stores added to the Scrips program. Please take note of the additions in bold on the new forms.

